

Rocky Mountain College Summer Camps & Conferences COVID-19 Safety Protocols

The Rocky Mountain College Summer Camps & Conferences COVID-19 Safety Protocols guideline has been developed by referencing several best practices guidelines: CDC, Riverstone Health, and RMC COVID-19 Safety Protocols.

Our goals and protocols listed in this document are ultimately aimed to ensure that the RMC campus and guests are safe from the virus by: training the staff and guests to recognize the signs of the virus; adhering to personal and facilities sanitation procedures such as washing hands and properly wearing face coverings; sanitizing of environment and equipment; social distancing; implementing RMC wellness check policy; reporting illness to RMC, and compelling staff and guests to focus on achieving safety for all.

We encourage each camp staff and conference host to design sessions and meetings as creatively as possible during the pandemic, with emphasis on the safety of participants.

Each camp staff member and conference host is required to model wearing a mask and to sessions, proper distancing (a minimum of 6 feet), and to require anyone they see (not just their camp or conference members) to wear a mask and adhere to proper distancing methods.

Any camp staff member, conference host, or participant who fails the wellness check process will be required to complete the RMC Illness report form and will be immediately sent home (off-campus) to isolate.

The following guidelines are minimums. Camp/conference hosts are encouraged to increase the requirements of their participants for the safety of their specific program needs.

All staff and participants must do the following:

- Complete a daily wellness self-check prior to arriving on campus/leaving on-campus housing.
- Wear a mask over the nose and mouth at all times.
 - Athletic camp participants can lower their mask when actively participating (on court or field); but must place the mask back over nose and mouth when on sidelines, receiving instruction, etc.
- Notify camp staff or conference host(s) if they are not feeling well prior to sessions. Camp staff or conference hosts will then immediately report that information to the RMC Camps and Conferences Coordinator.
- If a participant is found to be symptomatic during sessions, they will be sent home (off-campus) immediately. Camp staff or conference hosts must immediately report that information to the RMC Camps and Conferences Coordinator.
- Camp participants must come dressed for camp daily (use of locker rooms and training rooms will be restricted).
- Sanitize all equipment, furniture, and meeting rooms before and after each use.
- Bring their own water bottle and be responsible for refilling their own bottle at the fountain; no water cooler will be available.
- Warm-ups, stretching, huddles, meetings, and conditioning must be spaced a minimum of 6 feet (no touching).
- Use entrance and exit doors as labeled.
- Parents/guardians/guests will not be permitted to enter facilities including outdoor athletic fields.
- Required use of hand washing or hand sanitizing between shared equipment use.
- Participants utilizing on-campus housing must adhere to the following:
 - Wear a mask over the nose and mouth when in shared areas of the facility (hallways, lounges, laundry facilities, etc).
 - Only enter your assigned room; no non-registered guests permitted in the building; no registered participants in rooms of other participants.
- Participants utilizing on-campus dining must adhere to the following:
 - Wear a mask over the nose and mouth when not actively eating or drinking.
 - Any additional requirements as posted by the on-campus dining staff.

Safety protocols may be changed at any time, without notice, to reflect the guidance of Riverstone Health, CDC, or the RMC Campus Safety Committee.